



## REFLECTIONS - Heather Archer Executive Director

Wow, this has been a spring full of excitement and celebration. Thanks to the generosity of Mark Recchi and due to Dave Chyzowski's efforts, in late March ten People In Motion members who are ardent Blazers fans enjoyed the Kamloops Blazers Awards night and had the additional pleasure of hearing and meeting guest speaker Kelly Smith – 2004 Paralympian.

As is our tradition, in April we celebrate our Volunteers with a party in their honour. This year we added something extra – a Volunteer Length of Service Award program to specially recognize those volunteers who keep giving and giving over the years. Look for their names and our Volunteers of the Year in the People In Motion section of this newsletter.

Our Adaptive Recreation Equipment program is proving to be an attractive concept for funders so we hope to add some more pieces of equipment to our inventory shortly and get folks with mobility disabilities out and about in the community more independently or with family and friends. Learn more about this program (and our donors) further in the newsletter.

Opening Cedar Creek Camp of course is another spring tradition but this year we not only opened camp, but with help from a great team from the Kiwanis Club and our own crew of volunteers, our dock rebuilding and extension project is well underway.

Then our long awaited new 2007 Para Transit bus was delivered to us on Friday, May 25<sup>th</sup>; and the following Monday we said goodbye to our 1994 Para Transit bus which headed off to the Fraser Valley. Our passengers and staff are thrilled with the new ride! And I am thrilled with the fact that the bus is bought and paid for thanks to the generosity of local and provincial funders. You'll learn more about them in the People In Motion section as well.

We got word too that we have funding from Community Living BC to offer our 3rd season of day camps this summer for youth with disabilities so Aaron is busy pulling all the pieces together to offer another great day camp program. Together with the Social, Young Adult and Youth Club activity schedules and our twice a month bus tours, the bus will be in good use. Now if only those gas prices would drop further.....

Job development grants are critical to us in carrying out our Annual Strategic Plan each

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year and we are thrilled to have 1 employee for 6 months through the Shuswap Employment Training Program. Jenn is working with us as a Resource Development Worker to October 31<sup>st</sup>. We also have 2 summer students once again courtesy of the Canada Summer Jobs Program. Shauna joins us as Activities Worker (working primarily with our Active Living Programs) and Trisha joins us as Access Worker (working primarily on accessibility education and awareness tasks). Learn a little more about them further in the newsletter. Alicia Rowden and Paula Wild have joined our Active Living Program Worker team (Paula just this month); we welcome them both as well.

An unexpected outcome was the cancellation of our 3<sup>rd</sup> annual CAR TREK 2007 due to low registration. We are of course sad not to have offered this fun afternoon of adventure exploring our city but grateful to our friends in the business community who assisted us particularly in the promotion of the event.

Enjoy the summer!

## ON THE INTERNATIONAL FRONT . . .

### CONVENTION ON THE RIGHTS OF PERSONS WITH DISABILITIES AND OPTIONAL PROTOCOL:

The Convention on the Rights of Persons with Disabilities and its Optional Protocol was adopted on 13 December 2006 at the United Nations Headquarters in New York, and was opened for signature on 30 March 2007. There were 82 signatories to the Convention, 44 signatories to the Optional Protocol, and 1 ratification of the Convention. This is the highest number of signatories in history to a UN Convention on its opening day. It is the first comprehensive human rights treaty of the 21st century and is the first human rights convention to be open for signature by "paradigm shift" in attitudes and approaches to persons with disabilities.

The Convention is intended as a human rights instrument with an explicit, social development dimension. It adopts a broad categorization of persons with disabilities and reaffirms that all persons with all types of disabilities must enjoy all human rights and fundamental freedoms. It clarifies and qualifies how all categories of rights apply to persons with disabilities and identifies areas where adaptations have to be made for persons with disabilities to effectively exercise their rights and areas where their rights have been violated, and where protection of rights must be reinforced.

**United Nations** *enable*, Page 1

## TRAVELLER'S CORNER . . .



### ACCESSIBILITY DECISION FOR THE RAIL INDUSTRY:

The Supreme Court of Canada has upheld a decision by federal regulators that will force Via Rail to make their passenger rail cars more wheelchair accessible, a ruling that could have repercussions throughout the transportation industry.

"Basically the judges have upheld the right of the Canadian Transportation Agency to order VIA Rail to make changes to accommodate disabled people, specifically those in wheelchairs, on their fleet of (French-built) Renaissance cars," CTV's Roger Smith said from the SCC.

To read the rest of the article see

[http://ctv.ca/servlet/ArticleNews/story/CTVNews/20070323/VIA\\_rail\\_070hub=CanadaAM](http://ctv.ca/servlet/ArticleNews/story/CTVNews/20070323/VIA_rail_070hub=CanadaAM)

## HERE AT HOME . . .

**Congratulations** to the Mayor's Advisory Committee for Persons with Disabilities and

the sub committee members involved in hosting great Disability Awareness Week this year.

Thanks to the City of Kamloops for acting on the accessibility concerns at NorBrock stadium and to the donor who helped make the wheelchair lift there a reality.

Bravo to MLA and Minister of Employment and Income Assistance Claude Richmond for the interest he is showing about the issues and realities of living with a disability for British Columbians.

**CITY OF KAMLOOPS ARCH PROGRAM:** while some changes have occurred to this program since it was first introduced, it is still a great opportunity to access recreation more affordably. Applications forms are available through our office.

**Affordable Recreation for Community Health (ARCH)**

The Affordable Recreation for Community Health program provides a coupon book to Kamloops residents in financial need, as confirmed by recognized outside agencies. This credit can be used at any Kamloops Parks and Recreation facility for programs.

Application forms are also available at all Kamloops Parks and Recreation facilities, program offices, and participating agencies.

**How do I qualify?**

To qualify, you must be a Kamloops resident and fit into one of these categories:

*Receive Income Assistance from the Ministry of Human Resources; Individuals within the Statistics Canada Low Income Guidelines. See application for income levels; Receive Canada Pension Plan/Long - Term Disability (CPP/LTD) which falls into low-income guidelines.*

**Approved Applicants**

If approved, each member in your family will receive a coupon book offering a variety of choices. The Parks Activity Guide comes out twice a year listing a variety of programs to participate in; art programs, swimming or

skating lessons, and fitness programs to name but a few. Your coupon book will expire at the end of the year, and please note that some coupons have a month end expiry date. One must apply annually to qualify for the ARCH program.

Locally the Interior Indian Friendship Centre Family Services location at 2355 Parkcrest Avenue or the White Buffalo Aboriginal Health Society and Resource Centre at 211- 750 Cottonwood Avenue process the ARCH applications. **Please note the White Buffalo office is not accessible.**

**BCPA'S ACCESS TO LEISURE:**

The program provides Leisureship Bursaries of up to \$200 per person annually for **leisure** activities that you may otherwise not be able to afford. The kind of activities supported by this program include (but are not limited to) high school and college continuing education courses, recreation center classes and even the purchase of equipment or materials (such as art supplies) required for a particular course.

Please note that the Leisureship program is not designed to fund team sport participation or formal education. These activities are well supported by BC Wheelchair Sports and the BCPF's Bursary Program.

For more information or to apply, please contact your BCPA Rehab Consultant (**in Kamloops please call Cheryl at 851-0882**).



Welcome to the following members who have joined People In Motion since March 2007.

Laura Archer	Lorraine Barry
Teresa Bell	Judy Budnyk
Kevin John	Andrew Kovich
Guy Poulin	Launie Roberts
Peter Saari	Jordache Stanley

**OUR VOLUNTEERS:** a team of special people that definitely help us to grow our program and services as well as our operations.

Special recognition as our **Volunteers of the Year** goes to:

- Judy Treherne Fundraising
- Judy Nichols Board of Directors
- Deb Barry Programs

And on our new **Volunteer Length of Service Honour Roll** we would like to recognize the following people:

- 2 years:** Ellen Gill  
Kim Semeniuk  
Tanya Baker  
Judy Treherne  
Judy Nichols  
John Weller
- 5 years:** Daniel Guy  
Terry Hairsine  
Doug Bragg  
Robert Davis  
Dennis Robertson  
Don Watkinson  
Kevin Simcoe  
Shawn Anderson  
Jeff LeBlond  
Irene MacDonald  
George MacKenzie  
Diane and Tom Fox  
Karen Swetlicoe  
Tom Passmore
- 10 years:** Valerie Gagne
- 15 years:** Wanda Beck  
Tom Brown  
Dean Regnier  
John Dempsey  
Leo Guillas  
Nancy Ireland  
Jay Stepp

Our thanks also to our TRU practicum students who joined us this year (and their supervisors) for their support.

**ADAPTIVE RECREATION PROGRAM:**



*Are you an adult with an Interest in cycling but don't have the leg power for it? Got strong arms or would you like to develop them further?*

Our adult size hand cycle might be just the item you need to get out and about in the community for a ride. It is here and ready for use (helmet supplied too) – just contact us for further information.

We are hoping to acquire a beach wheelchair and TrailRider as well before too much longer – let us know if you are interested in these items as well.

**CEDAR CREEK CAMP:**

Camp is open and waiting for your reservation! If you would enjoy being close to nature at this waterfront facility, can manage without running water or electricity but do enjoy a cabin roof over your head and using an outhouse, we have some dates in July and August open including a couple of weekends in each month. Call us ASAP!



**SUMMER YOUTH RECREATION PROGRAM:**

if you haven't already called in to register the youth with a disability in your family or in your care, get on the phone to us immediately. The day camps run from 9:30 am to 3:30 pm, 3 days a week as follows:

July	9, 11, 12	youth 13-18
July	16, 18, 19	youth 13-18
July	23, 25, 26	youth 9-12
July	30, August 1, 2	youth 13-18
August	13, 15, 16	youth 13-18
August	20, 22, 23	youth 13-18

Our bus is used within this program not only to get to and from the planned activities but also to provide pick up and drop off at home for some members based on specific needs.

**YOUTH CLUB, YOUNG ADULT AND**

**SOCIAL CLUBS:** members are reminded to check your schedules and remember to phone in to reserve your spot each week as per policy.

**2007 PARA TRANSIT BUS:** purchased from Kirkman Bus Lines out of Langley and delivered on May 25<sup>th</sup>, our new bus has something for



everyone! Comfortable with touring windows down the sides and a big front window as well (for better back seat driving!), with fabric seats, seatbelts, flip up seats to increase our capacity to carry wheelchair users, air conditioning, upgraded suspension and more, it is a delight to ride in and drive. When you see the bus around town, in addition to the People In Motion signage; you will see logos from our donors who have helped make this dream a reality. We just held a party to show off the new bus and thank them but you can recognize them too (when you see them) for their community spirit and generosity.

**ADVOCACY ACTION:** issues we have been speaking / writing on this year to date:

**Inaccessibility** of Arena 1 seating areas and inability to move between Arena 2 and Arena 1 at Mac Island Sports Centre

**Access by wheelchair/scooter** - to and from Royal Inland Hospital via Columbia Street

**Kamloops Airport- challenges in transferring luggage to the security screening table:** Great news on this; a

conveyor belt ramp has been installed that will link to the security conveyor belt and pull luggage up and onto it.

**Kamloops Food Bank line ups for food hampers:** On hearing that folks who were finding it difficult to stand in line due to mobility, balance and other issues, the Food Bank is taking further steps to support these clients but

they do need folks to let them know they have these challenges.

**DAY TRIPS:**

Join us for a great day out and about in the region. Buy a gift certificate for a family member or friend to enjoy a day away. Upcoming trips include:

**Wed, June 27 Merritt and area**

Cost: \$55

A visit to the Country Music Capital of Canada in the Nicola Valley is our destination today. We'll go there via the historic Quilchena route and return on the Coquihalla

**Tues, July 10 North Shuswap**

Cost: \$55

The Squilax, Scotch Creek and Anglemont areas of the North Shuswap are our communities to visit today along with some stops at some arts and crafters in the area.

**Tues, July 24 Silver Star Mountain, Vernon**

Cost: \$55

We'll visit Silver Star's charming Victorian inspired pedestrian only, mid mountain village and boutique retail shops, restaurants and cafés on today's tour.

**Wed, August 8 Bridge Lake**

Cost: \$55

Today we are north bound to Little Fort where we will then head west to Bridge Lake located in the beautiful Interlakes District in the South Cariboo. While the fishing in the area is legendary, this is also ranch country.

**Wed, August 29 Interior Provincial Exhibition**

Cost: \$55

The 107<sup>th</sup> annual fair -also known as the Armstrong Fair- is recognized as the largest agricultural fair in British Columbia and full of fun things to see and do.



## SUMMER ACCESS AWARENESS PROJECTS:



In addition to being out and about at local shopping centres, malls, major retailers, etc. to educate the public on Disabled Parking, our summer project is also going to include education to business on accessibility as well as the development of a variety of resource materials to educate and create greater awareness around housing, accommodations, special event planning, adapted recreation opportunities and more. ***We are looking for volunteers to be part of our ACCESS TEAM and the development and delivery of these initiatives. If you are interested please contact us right away.***

**INTERNET ACCESS & TRAINING:** don't forget, we have a computer with internet access that is available for folks with disabilities to use and a choice from several different keyboards. Not comfortable on line? – we can help with that too. Call us to book access time or training.

## INTRODUCING OUR STEP AND SUMMER JOB DEVELOPMENT STAFF:

### Jenn Hossie:

My name is Jennifer Hossie and I am the **Resource Development Worker** under the STEP position for the summer/fall season of 2007. I have very much enjoyed my first 2 months here at People in Motion and I am looking forward to what lies ahead. Formerly from Logan Lake, the Heart of the Highland Valley, I have since moved to Kamloops and am saving money towards my goals to go into counselling as a Children's Pastor. At present I am currently pursuing a Children's Pastoral position in Aldergrove which I will hopefully take at the conclusion of my time at People in Motion.

I have been a student ministries leader for many years, having been blessed with the opportunity to work with the leadership teams at churches in Merritt and Logan Lake. Now

Gateway City Church here in Valley View is my home church of 3 years, and I have been working with the youth in various programs there. As I have gotten to know the youth, it has brought great joy to my heart to see the growth in their lives.

I am an artist and I love to paint and draw. I also love making comic books and amateur movies. Music is another great passion of mine as I love to sing and play the piano.

Thank you People in Motion for the opportunity to work with you this season. I look forward to getting to know you.

### Shauna Balzer:

Hi everyone! My name is Shauna, and I'm the new **Activities Worker** here at People In Motion. I've been alive and kicking for 19 years, and have called Kamloops home my entire life. I recently completed my first year of university at Thompson Rivers and am enrolled in the Bachelor of Arts program. I plan to double major in psychology and sociology, then further my education, likely in Vancouver, with a Masters degree in psychology. I have three sisters (Stacey, Tammy, and Holly), two brothers (Dallas, and Presley), and a lazy beast of a cat who, only sometimes answers to Tuesday.

### Trisha Patel:

Hello everyone! My name is Trisha Patel and for the next three months I will be working at People In Motion as the **Summer Access Worker**. Throughout the community, I will be focusing on providing education and awareness about the disabled parking program. In the upcoming fall, I will be a third year Kinesiology student at Simon Fraser University. I love spending time with my family and friends and hopefully this summer I'll get a chance to go white water rafting on the great rapids of Clearwater River. I'm looking forward to a fantastic summer where I will be working and meeting so many new people.

**We are devoting extra space in this issue to recognize the incredible financial and other support we have received around several major initiatives we have undertaken and of course for our ongoing work. Our thanks go out to:**

**2007 PARATRANSIT BUS PURCHASE:**

BC Rehabilitation Foundation  
City of Kamloops  
Direct Access to Gaming Program –  
Province of BC  
Kamloops Blazers Sports Foundation  
Kamloops Foundation  
The Rotary Club of Kamloops – Downtown  
Thompson Nicola Cariboo United Way  
Weyerhaeuser Canada

**ADAPTIVE RECREATION EQUIPMENT PROGRAM:**

CIBC – 120<sup>th</sup> Anniversary Grant  
Kamloops Ridge Runners  
North Kamloops Rotary Club  
Thompson Nicola Cariboo United Way

**2007 VOLUNTEER APPRECIATION PARTY:**

Chapters View Point Restaurant  
Fogg 'N Sudds Restaurant  
Kelly O'Bryans Neighbourhood Restaurant  
The Keg Steakhouse  
McArthur Island Golf Centre  
Ricky's All Day Grill  
Ric's Grill  
Ric Mediterranean  
Storm's Restaurant  
Weyerhaeuser Canada

**CEDAR CREEK DOCK REBUILDING AND EXTENSION PROJECT:**

Kiwanis Club of Kamloops  
Mike Zappone at Zappone Aggregate Processors  
RONA

**CAR TREK 2007: ENTERPRISE CLUB MEMBERS:**

Kamloops This Week – Admiral's Rank  
NL Broadcasting Ltd – Commodore's Rank  
Weyerhaeuser – Commodore's Rank  
Hbc – Commander's Rank  
Kamloops Heritage – Commander's Rank  
Railway  
Overland Press – Commander's Rank  
Surplus Herby's – Commander's Rank  
Terry Trophy – Commander's Rank  
Vital Signs – Commander's Rank  
Westbrock Chevron – Commander's Rank  
CAR TREK 2005 & 2006 participants, donors and volunteers

All those who hung posters, listed the event in calendars and forwarded our event promotion posters

**OTHER SUPPORTERS IN THIS QUARTER:**

Barb's Bouquet  
The Ladies of the Royal Purple  
Telus Community Connections  
Vital Signs

**WE'LL BE CLOSED:**

Monday, July 2nd  
Monday, August 6th  
Monday, September 3rd

**but the voice mail remains on to take your message.**



**John Woolner**

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### DISABLED PARKING PERMITS

**Tips:** Do not leave the parking permit on the rearview mirror when vehicle is in motion.

Valid when hung from rear view mirror **ONLY** when parked in designated space.

Use space only when **YOU** are leaving vehicle and returning later.



## THE PEOPLE AT PEOPLE IN MOTION

### BOARD OF DIRECTORS 2006:

- |                           |                  |
|---------------------------|------------------|
| <b>President</b>          | - Robert Davis   |
| <b>1st Vice-President</b> | - Judy Treherne  |
| <b>Treasurer</b>          | - Doug Bragg     |
| <b>Secretary</b>          | - Judy Nichols   |
| <b>Directors</b>          | - Donna Daines   |
|                           | - Terry Hairsine |
|                           | - Jeff LeBlond   |
|                           | - Sarah Lounds   |
|                           | - Liz Oakley     |
|                           | - Tom Passmore   |
|                           | - John Weller    |

### AGENCY STAFF REGULAR PART-TIME

**Heather Archer**, Executive Director  
harcher@peopleinmotion.org

**Valerie Gagné**, Office Services Clerk  
vgagne@peopleinmotion.org

**Aaron Kenzie**, Program Coordinator  
akenzie@peopleinmotion.org

**Colleen Vanderhorst**, Financial Services Clerk  
cvanderhorst@peopleinmotion.org

### TERM

**Shauna Balzer**, Activities Co-ordinator (Summer Student)

**Jen Hossie**, Resource Development Worker (STEP)

**Trisha Patel**, Access Worker (Summer Student)

### CASUAL

**Kim Aspinall**, Active Living Program Worker

**Norm Foisy**, Driver

**Bill Luca**, Driver

**Lianne Muir**, Active Living Programs Worker

**Joyce Roberts**, Active Living Programs Worker

**Alicia Rowden**, Active Living Programs Worker

**Paula Wild**, Active Living Programs Worker

## OFFICE HOURS

Mon - Fri: 9:30 am to 4:30 pm  
closed on all Statutory holidays.

**This newsletter is produced with support from  
Pitney Bowes**