



REFLECTIONS - Heather Archer Executive Director

Traditionally January is a time for setting new directions and I selected one that will bring a change at People In Motion! After almost 12 years of having the pleasure of serving in the position of Executive Director I have submitted my resignation to the Board of Directors effective June 30, 2008. The position will be posted around the same time this newsletter goes into production. In the meantime it is business as usual...and there is a lot of it as usual!

Spring 2008 not only brings the reopening of our Cedar Creek Camp and a new schedule of Bus Day Trips but we will also become the proud owners of a TrailRider (to be delivered some time in May). This is a great piece of adaptive recreation equipment that allows a person unable to hike trails and hills to enjoy nature with friends or family serving as their sherpas/bearers. The TrailRider unit is usable by both children and adults...so start recruiting your sherpas now and get planning some outdoor adventures! Thanks to **CIBC**, **North Kamloops Rotary** and the **Kamloops Ridge Runners** for the donations that made this purchase possible.

You might also be interested in borrowing our Hand Cycle (and a helmet) to go for a spin. Do call us to find out more about how to access this equipment as well.

We are partnering with Power Soccer Association to host a Power Chair Soccer Day on May 3; you can read more about that in the

People In Motion section as well as about the Have A Go Day also happening to introduce some other wheelchair sport opportunities. We definitely believe active living for folks with disabilities is as important as for folks without!

Our annual Volunteer Appreciation event is also coming up this spring – an opportunity for us to say special thanks to those who work in virtually all areas of our operations and whose hours have been increasing (countering the national trend).

Further along in the newsletter you will read of some significant developments for people with disabilities, especially around disability savings plans and supports for airline travel access. We've also found some inspirational and educational pieces for you to check out as well.

Enjoy this version of our newsletter and recycle it when you are done ideally by passing it on to someone else who would find it of interest.

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ON THE FEDERAL FRONT . . .

RDSP RECEIVES ROYAL ASSENT:

After an 8 year campaign, PLAN's proposal for a Disability Savings Plan is now a fact. On Friday December 14th the RDSP received royal ascent after passing third reading in both the House of Commons and the Senate.

The RDSP is historic and noteworthy for a number of reasons:

- Canada is the first country in the world to offer a Registered Disability Savings Plan.
- The Federal Government has budgeted \$115 million in matching Canada Disability Savings Grants and Bonds for 2008-09.
- An estimated 700,000 Canadians with disabilities and their families will be affected.
- Provincial Governments will be forced to the asset limits for disability benefits and to eliminate claw-back. (See below for changes already made by the Government of British Columbia.)

The Federal Government has emphatically declared that **they trust families and people with disabilities**. There are no restrictions on what the RDSP can be spent on.

PLAN is now working with financial institutions and the federal government to ensure the RDSP is offered as a "product" in every financial institution in the country as quickly as possible.

The BC Government's act represents a new way forward, a huge first step in a new prosperity agenda for people with disabilities. This action begins to turn disability benefits into a floor, encouraging people with disabilities to get ahead, rather than a ceiling, above which people can't expect to rise.

This move represents a huge improvement on BC's trust rules, which were already among the best in the country. It also sets the stage for even further improvements.

PLAN Public Policy Update December 2007

PARALYMPIC SPORT . . .



Canadian Paralympic Committee applauds Standing Committee for its support of the Road to Excellence program:

The Canadian Paralympic Committee commends the House of Commons Standing Committee on Finance for recommending in its report (February '08) that the federal government support a summer Olympic and Paralympic sports excellence program.

Recommendation 14 of the report, Taxing to Prosper: Canada's System of Taxes, Fees and other Charges, encourages the federal government to spend \$30 million annually over the next five years on the Road to Excellence Program. The Road to Excellence is a program aimed at helping Canada's Olympic and Paralympic summer athletes achieve international success.

Specifically, the Road to Excellence targets a top five place for Canada at the 2012 Paralympic Games and a top 12 finish at the 2012 Olympic Games.

"Road to Excellence executive director **Alex Baumann**, a double Olympic gold medallist, in a presentation in December urged the Standing Committee on Finance to recommend \$30 million a year for the program – an amount that is equivalent to about \$1 per Canadian.

LAUNCH OF IPC'S WEB TV CHANNEL PARALYMPICSPORT.TV:

On February 12, the International Paralympic Committee (IPC) re-launched its web TV channel ParalympicSport.TV.

Besides highlights from the 2007 IPC Ice Sledge Hockey European Championships and the 2007 IWAS Wheelchair Rugby European Championships, ParalympicSport.TV will also showcase new program formats such as the monthly magazine 'paraEmotion' and

'60seconds', a regular news broadcast. The first magazine went on air on February 21, 2008 with different features about Paralympic sports, athletes and events.

ParalympicSport.TV is a top quality 24/7 television channel broadcasting via the Internet with either regular or full screen size available for the best viewing experience. Free of charge, people all over the world are able to watch live and delayed programming, or see the coverage on demand later.

The IPC has an embedded version of ParalympicSport.TV on its official website www.paralympic.org. If you are interested to embed ParalympicSport.TV in your website, please contact Eva Werthmann, IPC Broadcasting Co-ordinator at eva.werthmann@paralympic.org.

The Paralympic Insider *February 2008*
www.paralympic.ca.



PARALYMPIC MEDALS UNVEILED:

The Beijing Organizing Committee for the Games has unveiled the medal design for the 2008 Beijing Paralympic Games. A jade disc is set into the obverse of each medal and the emblem of the Beijing 2008 Paralympic Games is found in the centre. The design perfectly captures the pure essence of "One World One Dream."

To learn more, visit <http://en.beijing2008.cn/paralympic/news/news/n214196157.shtml>.

The EnableLinker *Volume 6 - Issue 8*



ON THE HEALTH SCENE . . .

Closure of the Canadian Health Network:

The federal government has announced that it will be closing the Canadian Health Network (CHN), a website that provides reliable health information to Canadians, at the end of March 2008. A campaign advocating for the continuation of the program has been launched and a petition is available for signing at <http://www.thepetitionsite.com/1/saveCHN>.

For information about the impending closure of the CHN and the advocacy campaign, go to <http://www.ohpe.ca>. Visit the Canadian Health Network at <http://www.canadian-health-network.ca>.

The EnableLinker *January 2008*

TRAVELLER'S CORNER . . .

SEVERELY DISABLED PASSENGERS GIVEN BREAK ON FLIGHTS:

"Ruling lets severely disabled off hook for cost of extra seats".

Canadian airlines have a year to stop charging those with severe disabilities for extra seats they need after a landmark decision by the Canadian Transportation Agency. The agency ruled that the country's major air carriers must offer a single fare to those with disabilities, including the severely obese, who require two seats to accommodate them.

Also under the "one-person, one-fare" policy, they don't have to pay extra for medical attendants that must be seated with them on flights.

"The airlines failed to demonstrate to the agency that implementation of a one-person-one-fare policy will impose undue hardship on them," the agency wrote in its news release.

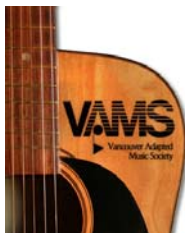
"Canadians with disabilities are celebrating today," Pat Danforth, chairperson of the council's transportation committee, said in a news release. "We hope that this decision sends a strong message to all transportation carriers," Neubauer agreed. "Access is the rule."

Currently, persons with disabilities who travel by train, bus or ferry can bring an attendant with them at no extra cost - but to board a plane, they must pay extra for the attendant's seat. "For mobility, I need somebody to assist me and with luggage, that kind of thing. These are services that are not provided by the transportation provider, so I would need that kind of assistance," said Council of Canadians with Disabilities spokesman Ron Ross, who uses a wheelchair.

Source: The Canadian Press

Canadian Disabled Individuals Association
(CDIA) www.disabledindividuals.ca

PROVINCIALY SPEAKING . . .

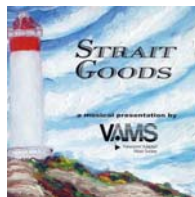


VANCOUVER ADAPTED MUSIC SOCIETY

Just Released: *Strait Goods*

Vancouver Adapted Music Society (VAMS) has produced a showcase CD to highlight the talents of our members.

The CD features some very talented performers and demonstrates convincingly that disability is no barrier to musicianship. Our hope is that it will inspire others with significant physical disabilities to pursue their passions and search for ways to realize their dreams. This CD, *Strait Goods*, supports the featured artists by bringing their work to a wider audience, creating additional recording and live performance opportunities. We also hope that it will create opportunities for other VAMS members by challenging misconceptions about "disability."



Vancouver Adapted Music Society (VAMS) was founded in the late 1980s to support and promote musicians with physical disabilities in the Metro Vancouver area. Programs involve people with a wide range of musical abilities, from first-timers to professionals. VAMS works with accomplished and highly talented musicians, helping them pursue their artistic objectives while also finding an audience. We stage concerts and have created a showcase CD of our members' finest work.

Anyone making a donation upwards of \$25 will receive: *Strait Goods* CD

There are two ways to do this:

Credit card/online: Go to www.vams.org and click the Canada Helps button (left) and make your donation.

Cheque/mail:

Send your donation to:
Vancouver Adapted Music Society
Suite 207 - 3077 Granville Street
Vancouver, BC V6H 3J9

(either way we'll send you a tax receipt)

For more information:

Phone: **604-688-6464** ext. 117

Email: vams@disabilityfoundation.org

*** we received our CD at People In Motion a couple of weeks ago and are all enjoying it. Great music!*

ON THE WEB . . .



If you have internet access, don't miss this horrifying act of a Deputy in Florida who dumped a quadriplegic man to the floor as she didn't believe he was truly disabled.

CNN.com will expire this article on March 14, 2008. <http://www.cnn.com/video/?/video/us/2008/02/13/hostin.wheelchair.update.com>

Check out www.youtube.com/watch?v=LnLvRQCjh8C for an inspiring dance performance by 2 amputees.

HERE AT HOME . . .

UNITED WAY:

ACCESS KAMLOOPS is a new community resource directory and web site under development and expected to be available this spring to support citizens and service providers in accessing needed information, support and assistance. Watch for Announcements



KAMLOOPS COMMUNITY RESPONSE



NETWORK (CRN): this group (individuals, service providers, and designated agencies working together to enhance and coordinate the community's ability to respond to the abuse, neglect and self-neglect of adults who are vulnerable) is hosting 2 workshops on **March 27** on Representation Agreements. The morning workshop will be for service providers, the afternoon for the public.

A Representation Agreement is a legal planning tool adults can use to say who they give authority to if they need assistance managing their affairs – temporarily or permanently - in case they become ill or have an accident and need assistance. It can cover financial and legal matters AND health and personal care matters. A Representation Agreement ends when you die when your Will takes over.

Contact us for more information and to register.



WHEELCHAIR ACCESSIBLE TAXI

SERVICE: after the absence of service earlier this winter that kept many wheelchair users stuck at home, we are pleased to see the City and local taxi industry working to ensure that sad state of access does not occur again.

MUSEUM TO MUSEUM – EXPERIENCE HISTORY TOUR:

What a great way to spend your afternoon and learn about the cultural history of the Secwepemc people and the pioneers of Kamloops. The Kamloops Museum & Archives is pleased to offer this tour in partnership with the Secwepemc Museum and People in Motion. The tour includes: transportation from the Kamloops Museum to Secwepemc Museum, guided tour of both locations, and light refreshment. Participants are to meet at the Kamloops Museum.

Thursday, May 1, 2008 or Thursday, June 5, 2008 1:30pm – 4:30pm

Cost: Adult Rate: \$36.00

Senior Rate: \$31.00

Reduced cost for group booking of ten or more \$26.00/person

Heritage Tour - Connections - The Bill Miner Affairs and Kamloops Country.

Back by popular demand! Join author Peter Grauer on this historical adventure. Tour the sites and hear about the people related to the years Bill Miner spent around the Kamloops area. Retrace the tracks of Bill Miner through Knutsford and Rose Hill; then travel the Old Vernon Road through Barnhartvale out to Westwold. Included in this tour is a light lunch at the Billy Miner Roadhouse. To find out more about the local author and the people and places mentioned in the book, check out www.billminer.ca.

Thursday, May 8, 2008 or Saturday, June 7, 2008 9:30 am – 4:30pm

Cost: \$71.25

To book your spot on the tour call 828-3576 to register.





Welcome to the following members who have joined People In Motion since December 2007.

The Bekars Dianne Laird Stuart Wymer

ACTIVE LIVING PROGRAMS:

Social and Youth Club's new schedules are out through May 2008. See our web site for details.

The **Young Adults Club** has been merged with the Social Club which now provides weekly events.

Wheelchair Curling continues until end of March/beginning of April. Please come out and have a look at this program. New players are always welcome. You do not need to be a wheelchair user to play this game!

Power Soccer Association will be holding a demonstration on **May 3** from 1-4 p.m. at the Tournament Capital Centre. You will be able to learn some of the skills, watch some experienced players, and try the game for yourself. Please contact the office to register for the event. Only players that pre-register at the office will be allowed to play on May 3rd. Registration for this event will begin April 1, 2008.

BC WheelChair Sports Association's "Have a Go Day" has been moved to April 19. See Poster on page 7 for more information.

EMPLOYEE LENGTH OF SERVICE

AWARDS: several current and former Directors joined President Doug Bragg in early January to be part of the inaugural **Employee Length of Service Awards** presentation. **Joyce Roberts** was recognized for 2 year plus service to People In Motion, **Norm Foisy**, **Aaron Kenzie** and **Colleen Vanderhorst** for 5 years plus and **Heather Archer** and **Valerie Gagne** for 10 years plus.

PROFILES:

Hi, my name is **Jessica Wood**; I have recently joined the team here at People In Motion as a practicum student. I am currently enrolled in my third year at Thompson Rivers University in the Bachelor of Social Work program. I began my practicum placement at People In Motion in January of this year, and being half way through my placement can say that it has and continues to be a great atmosphere for learning and creating opportunities for myself and others. I am from Barriere where I was born and raised, and I commute to Kamloops on a daily basis. I look forward to enjoying the last two weeks of my practicum with those I have already met, and I hope to meet others at future events or here at the office. Spring is almost here!!

BUS DAY TRIP SCHEDULE -

2008 Bus Trips: our schedule for March and April is complete. Trips cost \$60-this includes Lunch, all admission fees, taxes and gratuities. The late Spring/Summer schedule will be available soon.

Wed., Mar. 26 - Get Away to Kelowna

Wed., April 9 - Coquihalla & Gold Country

Wed., April 30 - Sun Peaks Resort

A gift certificate for a day trip is a great gift; ask us about them.

CHHA KAMLOOPS: regrettably the local chapter of the Canadian Hard of Hearing Association has recently ceased operations. However they have left their resource materials and equipment with us to look after and make available to the community. Once we have familiarized ourselves with the inventory, we will communicate further on what is available. A big thank you to all involved with this group over the years for the work you have done in furthering awareness of hearing impairment issues in Kamloops.

COMMUNITY
VOLUNTEER
INCOME TAX
PROGRAM



PROGRAMME
COMMUNAUTAIRE
DES BÉNÉVOLES EN
MATIÈRE D'IMPÔT

Volunteers will be available at People In Motion on these days and times:

Mondays from 9:30 to 3:00 pm

Note: Monday, March 24th
the office will be closed.

This service is free, started March 3rd
and is available until April 28th.
Bring all your tax papers and tax forms with you.



GRASSROOTS FACILITATOR TRAINING WORKSHOPS:

Grassroots Facilitation Training Workshops are designed for people who want to start or facilitate peer support groups. People who see a need in their community, gather people together and begin to help each other are engaging in peer support.

These hands-on workshops are designed to help people develop and practise the skills required for successful and productive community groups.

When: April 11, 12, 18 and 19, 2008
9:00 am- 4:30 pm

Where: Kamloops Curling Club
- 700 Victoria Street

Cost: \$350 for SHRA members
\$400 for non-members

To register: Call Heather Archer at People In Motion
at **250-376-7878** or
email **harcher@peopleinmotion.org**.



BC WHEELCHAIR SPORTS ASSOCIATION

Presents a Weekend of

HAVE A GO DAYS!

Come out and enjoy..

**BASKETBALL,
RUGBY,
ATHLETICS,
& TENNIS**



Refreshments and equipment will be provided!

Okanagan Adult Rugby. Interested?

Attend the Have a Go days to find out more!

KAMLOOPS

SATURDAY, APRIL 19, 2008

11:00 - 3:00 PM

Location: Sahali Secondary School

255 Arrowstone Drive

VERNON

SUNDAY, APRIL 20, 2008

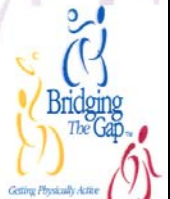
Time: 12:00-3:00pm

Location: Vernon Boys & Girls Club

3300 - 37th Avenue

Contact Jackie for more information or to register contact Jackie at 604-737-3191 or jackie@bcwheelchairsports.com

BCWSA programs are designed for individuals with physical disabilities. Appropriate clients will be able to push a manual wheelchair and have the ability to comprehend and respond to the cognitive demands of fast paced sports. Daily use of a wheelchair is not required.



PEOPLE IN MOTION BOOSTERS

(Whose donations, grants and contracts have supported our program & service delivery in this past quarter)

DONORS

COMMUNITY LIVING BC
HUSKY/MOHAWK
GAMING - PROVINCE OF BC

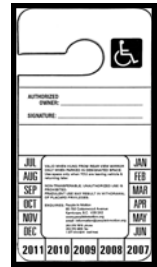
PENNY PINCHERS
PITNEY BOWES/DANKA
ROYAL PURPLE #277
TECHNATICA.CA

DISABLED PARKING PERMITS

THINK PERSONAL SAFETY

Why let people know you have vulnerability?
 Driving with your Disabled Parking Permit hanging from your mirror
 could increase your risk of being victimized.

Only hang it up when you park and leave the vehicle!



John Woolner

Bus: (250) 376-4131 **Fax:** (250) 376-4136
E-mail: info@mypennypinchers.com
Web Page: www.mypennypinchers.com

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THE PEOPLE AT PEOPLE IN MOTION

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- | | |
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| | Rose Hart |
| | Liz Oakley |
| | Judy Treherne |

OFFICE HOURS

Mon - Fri: 9:30 am to 4:30 pm
 closed on all Statutory holidays.

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- Aaron Kenzie**, Program Coordinator
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- Colleen Vanderhorst**, Financial Services Clerk
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TERM

Jessica Woods, BSW Student

CASUAL

- Lianne Muir**, Active Living Programs Worker
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Alicia Rowden, Active Living Programs Worker
Shannon Trott, Active Living Programs Worker
Paula Wild, Active Living Programs Worker
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Bill Luca, Driver