



REFLECTIONS - Heather Archer Executive Director



When will they ever learn? Sound familiar? Peter, Paul and Mary may have sang these words (written by Pete Seeger as part of “Where Have all the Flowers Gone”) back in the 60’s but this refrain echoes in my head still today as I see some of the backwards actions and attitudes that take place around and about our community/region/province and beyond.

I can’t understand how anyone’s business plan would choose to exclude potential customers and employees. For far too long now, business people in the retail and other sectors have not considered people with disabilities as part of their target customer market (much less as employees).

Their sins?

- They don’t research their market well so
- ...they locate in buildings or on sites that are inaccessible
- ...they accept designs (exterior and interior) that are inaccessible
- ...they stage their space/event in a manner that creates barriers to customers/employees using wheelchairs and scooters, etc.
- ...their staff is unskilled or unwilling to adapt to folks who might communicate differently or need other supports/considerations
- ...they are unwilling to monitor illegal parking in any designated disabled parking spaces that may be adjacent to their location

...the wheelchair accessible bathroom (if present) is often compromised by being turned into a multiuse space – i.e. storage room

Living with disability is increasingly a fact of life for many Canadians and can be very challenging to accommodate. We need to be proactive and plan for accessibility as a matter of due course and good business, not as an afterthought. We need to build our inventory of accessible business locations and residential choices in Kamloops if we are to meet the needs of our citizens now and into the future.

So here’s my message

- ...if it is not accessible, don’t plan it
- ...if it is not accessible, don’t build it
- ...if it is not accessible, don’t rent it
- ...if it is not accessible, **COMPLAIN!**
- ...if it is accessible, **PROTECT IT!**

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ON THE NATIONAL FRONT . . .

**** INTERPRETATION SERVICES ON DEMAND **:**

The Canadian Association of the Deaf (CAD) has received funding for the implementation of a new initiative, the Visible Languages Translation Initiative (VLTi) System. The system will facilitate communication between members of the Deaf community who use sign language and those who do not, in face-to-face situations such as meetings, banking, voting, and buying something in a store, by offering remote access via the internet to interpreters on demand. The system will be placed in a variety of locations, including banks, shopping centres, and government offices.

THE ENABLE LINKER, August 2007

CANADIAN PARALYMPIC COMMITTEE AGM:

The Canadian Paralympic Committee is recruiting qualified individuals for its Board of Directors. Elections will take place at the CPC's Annual General Meeting in Ottawa on Sunday, November 4th, 2007.

www.paralympic.com



REGISTERED DISABILITY SAVINGS PLAN:

Now that the dust has settled after Minister Flaherty announced the creation of the RDSP in his March budget, more and more people are asking: So when can we open a disability savings plan? It will be a year to 18 months before you can go to your local credit union or bank and open a plan.

First:

- Legislation must be drafted and passed by the House of Commons and the Senate
- Regulations must be written and approved by Cabinet

- Human Resources and Social Development Canada needs to develop the processes and infrastructure to deal with the Disability Savings Grant and the Disability Savings Bond.
- Banks, credit unions and other financial institutions will need to develop their forms, procedures and train their employees.

PROVINCIAL REFORMS

As many have identified, Provincial Governments will need to make changes to Income Assistance programs to enable the RDSP. Two key changes need to happen:

1. The RDSP will need to be considered as an exempt asset. For example, in all provinces, you can own a home and still qualify for income assistance. A home is an exempt asset.
2. Income from the RDSP or purchases made by the RDSP on behalf of the person, need to be exempted as income. For example, in BC a person can be employed and earn up to \$500 per month without affecting their income assistance. In BC a trust can also spend up to \$5,484 per year on items that increase a person's independence without affecting their income assistance.

PLAN BC is working most closely with BC but also plan to work with other provinces to make the necessary reforms.

PLAN BC, Action PLAN Summer 2007

PROVINCIALY SPEAKING . . .

TORCH RELAY:



You can bring the 2008 Paralympic torch to Vancouver! For the first time in Paralympic Games history, an international torch relay is being held in celebration of the upcoming 2008 Paralympic Games in Beijing. It is the wish of City Council that Vancouver play host to the Paralympic torch relay.

Visit Mayor Sam Sullivan's website (<http://www.mayorsamsullivan.ca>) to send a letter to the Beijing Organizing Committee of the Olympic Games (BOCOG) in support of bringing the torch relay to Vancouver. As host to this Paralympic torch relay, Vancouver can demonstrate on the world stage that it is one of the most inclusive and accessible cities in the world in which to live.

10 BY 10 CHALLENGE:

The Minister's Council on Employment for Persons with Disabilities has invited communities and industry sectors to **join the 10 by 10 Challenge to increase employment for persons with disabilities in British Columbia by 10% by the year 2010.**

There are currently 300,000 working-age people with disabilities in British Columbia - many of whom want to work. They have the motivation, education and abilities to be valuable members of our workforce and communities. Yet, they face an employment rate of 44%.

Kamloops has joined the 10 by 10 Challenge!

AchieveBC, Winter 2007 - Issue 10 e-Newsletter

WorkAble Solutions ~ Taking action on employing persons with disabilities!:



A unique employment resource for persons with disabilities, employers, and Human Resources professionals in British Columbia (BC).

WorkAble Solutions is an initiative to connect BC employers to persons with disabilities by providing valuable employment resources and support. The goal of the initiative is to help

employers turn potential challenges into workable solutions and increase the recruitment and retention of persons with disabilities.

All research points to the fact that persons with disabilities represent a large, growing, and as yet, largely untapped talent pool. In light of a looming skills shortage caused by lower levels of new labour force entrants and higher levels of retirement, it is essential that employers tap into this talent pool to access skilled workers. Hiring persons with disabilities will also help to reduce turnover costs, while building an inclusive and positive work environment.

To learn more, please go to www.workablesolutionsbc.ca

Information on Equipment and Assistive Devices

Contact the **Toll-Free** Personal Supports Information Line
They will be able to direct you to government programs that provide equipment to assist you with daily living activities.

Call: 1 888 818-1211
TTY: 1 800 661-8773
E-mail: PersonalSupportsInformation@gov.bc.ca

HERE AT HOME . . .

MEASURING UP: is an initiative to promote accessible and inclusive communities. Sponsored by the Province of BC as a 2010 Legacies Now project, Measuring Up has the support of the City of Kamloops. The Measuring Up process involves assessing the degree to which our citizens with disabilities are active participants in community life, identifying priorities for change and then developing and implementing an Action Plan to make the needed changes happen. More information on the Measuring Up Initiative can be found at www.2010legaciesnow.com/measuring_up/.

Resource Groups will be formed under each of the 4 Elements of the Measuring Up Framework. The Elements are: Support Services, Access to Information, Economic Participation and Community Contribution.

Under each Element are 4 - 7 sub areas.

If you are interested in getting involved please contact us at People In Motion. The sooner we fill the team positions, the sooner our dialogue get underway and...the sooner we can assess ourselves as a city and together set some goals for improvement.

HEALTH CONNECTIONS:

Health Connections is a partnership that provides citizens with transportation options and increases access to non-emergency medical appointments. Funding and planning is shared between Interior Health Authority, Thompson Nicola Regional District and BC Transit.

Cost: exact fare of **\$5.00** for a **one-way trip**

Lillooet & Lytton and Area Transit (Call 24 hours in advance at 250.256.7706)

Tuesday (Lillooet - Cache Creek - Savona - Kamloops)

Leave Lillooet 8:00 am, Pavillion 8:45, Cache Creek 9:45 and Savona 10:15, arrive Kamloops 11:00 am.

Return, leave Kamloops 4:00 pm, Savona 4:45, Cache Creek 5:15 and Pavillion 6:15, arrive Lillooet 7:00 pm.

Thursday (Lytton - Ashcroft - Savona - Kamloops)

Leave Lillooet 8:00 am, Lytton 9:00, Spences Bridge 9:30, Ashcroft 10:05 and Savona 10:45, arrive Kamloops 11:30 am.

Return, leave Kamloops 4:00 pm, Savona 4:45, Ashcroft 5:25, Spences Bridge 6:00 and Lytton 6:30, arrive Lillooet 7:30 pm.

Logan Lake, Merritt, Chase and Area Transit (Call 24 hours in advance at 250.376.7525)

Tuesday (Logan Lake - Kamloops)

Leave Logan Lake 9:00 am, arrive Kamloops 10:00 am.

Return, leave Kamloops 3:30 pm, arrive Logan Lake 4:30 pm.

Tuesday (Merritt - Kamloops)

Leave Merritt 8:30 am, arrive Kamloops 10:00 am.

Return, leave Kamloops 3:00 pm, arrive Merritt 4:30 pm.

Thursday (Merritt - Kelowna)

Leave Merritt 8:30 am, arrive Kelowna 10:15 am. Return, leave Kelowna 2:00 pm, arrive Merritt 3:30 pm.

Friday (Chase - Kamloops)

Leave Chase 9:00 am, arrive Kamloops 10:00 am.

Return, leave Kamloops 3:30 pm, arrive Chase 4:30 pm.

If you have mobility difficulties, special door-to-door service will be available.

DANCE LESSONS:

At "Sista's Love to Dance Studios" we offer classes for individuals in wheelchairs in a fun environment! Our classes are designed to relax tense muscles and initiate movement. Students will learn new dance forms including ballroom dance, contemporary dance, and traditional cultural dances. Designed for youth and young adults.

Give us a call at **682 8463** or check out our website at www.sistaslovetodance.com



Welcome to the following members who have joined People In Motion since August 2007.

Desirae Bailey	Nancy Carr
Paul Clance	Chantille Coates
Aaron Hamill	Katrina Hibbert
Amanda Jenson	Ethan Lawn
Curtis Luck	Rose Monk
David Noer	Robert Pilon

Sherman Robbins Kathleen Searle
Hannah Smith Jenna Whitmore



Thanks Variety – The Children’s Charity! In 2004 Variery joined us a funder of our then new Youth Club – a community based recreation program implemented for teens with disabilities ages 13-18. As the saying goes, all good things must come to an end and so it is that our Youth Club eligibility for Variety funding has come to a close. Words don’t seem enough to recognize the contribution but they are the only tools we have in this newsletter so....THANKS VARIETY! You’ve inspired hope, enriched the lives of our teen members, and helped us build a better future for these Kamloops kids. *The Youth Club program continues as one of our 7 Active Living Programs for people with disabilities.*

Active Living Programs: we had a blast this summer with the youth who joined us in our 6 week Summer Youth Recreation Program day camps; now it is time to get the Bowlers back working on their poodles, pumpkins and sour apples in their quest for that perfect game.



Fall programs are up and running. Welcome aboard to Selina Leuthardt our new fitness instructor for Tuesday Night Fitness. Selina has a wealth of experience both as a fitness instructor and as a volunteer with Kamloops Therapeutic Riding Association.

Young Adults Club, Social Club, Youth Club all have fall schedules coming out beginning in October so check our website or phone the office for more information.

Our **Card Sharks** are back and continue to meet at the office on Tuesday’s from 10:30 – 12:00 p.m. and drop-ins are welcome. Their game of choice is Crib... speaking of Crib, here is an interesting fact - the official scoop on the origin of the cribbage board in the shape of a 29.

The first 29 board was made by Edward M. Hirst (Burnaby, BC) in 1953. He was a paraplegic and made the boards by hand in his wood shop. The design was registered in Canada (similar to a U.S.A. patent). Hirst died in 1960. In 1962 a Vancouver, BC firm began producing commercial copies of the board that included a history of the board. Many other companies have made 29 boards since. (Source: www.cribbage.org)

Wheel Chair Curling. This is new and is set to begin on October 25 at the McArthur Island Curling Club. This is a recreational league with volunteer coaching support.

The program runs each Thursday from 1:00 - 3:00 p.m. and there is no cost. You must be a PIM member to participate and you must provide your own transportation. HandiDart is available for this event; you must make arrangements through our office.

Cedar Creek Camp – The camp had a wonderful season and was used heavily by our members and community groups. Our volunteers, **with a huge thank you to the Kiwanis Club and John Treherne**, have nearly completed the new dock. This dock will be an extension of the existing structure and will serve to enhance everyone’s enjoyment of the lake by creating greater access to the lake for fishing and swimming. This project will be completed by camp close this year and ready for your enjoyment next spring.



Staff Happenings: The summer has come and gone so quickly and with it Shauna and Trisha have left us to return to university. We are so appreciative of the Canada Summer Jobs funding we received to hire these 2 terrific young people. We do have a new baby to share news of – congratulations Kim and Greg on the birth of your son Arlen.



ENTERTAINMENT '08
Once again the book is available for \$30.
An excellent Christmas or anytime now gift.



KAMLOOPS INDEX

CASUAL DINING & FAST FOOD

Bistro 3.2.6	Black Jack Lounge	Canadian 2 for 1 Pizza	Cap'n Sharky's
Chapters View Point Restaurant	Chelsea's	City View Grill	D'Agostino Restaurant
Dawat-E-Mehfil Fine Indian Cuisine	Dynasty Garden Restaurant	Frankly Coffee	Grasshopper Bar & Grill
Lynx's Grill	Inlander Bar & Grill	Loonies Bar & Grill	Lotus Inn Restaurant
On The Rock's Pub & Grill	Maurya's Fine Indian Cuisine	Maxim's Mandarin Restaurant	Mirage Restaurant
Robbie's Downtown	Pronto Grill	Ricky's All Day Grill	Pineridge Golf Course Restaurant
Sgt. O'Flaherty's	Rose Garden Restaurant	Scott's Family Restaurant	Senior Froggy
	Sleepy Holly Restaurant	So Espresso & Bistro	Warunee's Thai Restaurant

DINING OUT INDEX

Maurya's Fine Indian Cuisine, Nuggets Grill & Restaurant, Vittorio's Italian Restaurant, Westsyder Neighbourhood Pub & Restaurant Bistro

ENTERTAINMENT & SPORTS

Falcon Lanes, Fun Factor, Laser Trek, Ropes End Climbing Gym, Ruckers, SunPeaks

ATTRACTIONS

Kamloops Heritage Railway

CONCERTS/PERFORMANCES

Kamloops Symphony, Western Canada Theatre

AUTOMOTIVE

Big O Tires

GOLF

Aberdeen Hills Golf Links, Eagle Point Golf & Country Club, Pineridge Golf Course, Sun Rivers Golf Course

CAR RENTALS

Avis, Budget, Alamo, Enterprise, National, Hertz

RETAIL

Boutique of Leathers, Claire's, McSporties, Sport Chek, Sport Mart, Shoe Warehouse, Visions

HOTELS

Plaza Heritage Hotel, Sandman Inn

GROCERY

M&M Meat Shop, Safeway

BUS TRIP FALL SCHEDULE

A gift certificate for a day trip is a great gift; ask us about them.

Wednesday, October 10 <i>A fun place to visit year-round, this Family Farm & Country Village is especially enjoyable in the fall with lots to do, see, taste and buy!</i>	Davison Orchards – Vernon	\$55
Wednesday, October 24	Adams River Salmon Run <i>We will "Salute the Sockeye" with a visit to this wonder of nature, then visit peaceful Quaaout Resort on the shores of the Little Shuswap</i>	\$55
Wednesday, November 7	Kamloops City Tour <i>Tour your own town today; see how Kamloops has grown!</i>	\$40
Wednesday, November 21 <i>This trip has become an annual tradition and is sure to get you in the Christmas mood!</i>	The Country Christmas Store – Westwold <i>We'll visit Vernon as well.</i>	\$55
Monday, December 17 <i>Celebrate the season with dinner and a visit to Wildlights. This has become another seasonal tradition in our Day Trip schedule.</i>	Dinner & Wildlights at the BC Wildlife Park* <i>*late afternoon departure</i>	\$55
Thursday, January 3 <i>A second chance to enjoy this Day Trip for those whose calendar was too full pre Christmas or for those who like to extend the season!</i>	Dinner & Wildlights at the BC Wildlife Park* <i>*late afternoon departure</i>	\$55

*We typically depart between 9 - 10 am & return between 4 - 5 pm. Exact times & pick up/drop off locations to be confirmed.
**Your meal, all admission fees, taxes, & gratuities are included. Payment required at time of reservation;
 Visa/Master or Debit cards accepted at the office only***

Don't delay; our trips often fill up quickly- you'll miss the fun! CALL US AT 376-7878 for more information

FALL FUNDRAISING DINNER & SILENT AUCTION



Monday, October 29th

THE PRESS BOX
at McArthur Island
5:30 pm to 8:00 pm



*Enjoy a great dinner – steak or chicken,
salad, baked potato and garlic toast - for \$15 per person
(GST & tip on meal included).
Beverages, appetizers and desserts at your own expense.*

Bring yourself, bring your family, bring your friends, bring them all!
Don't forget money or a cheque for your Silent Auction wins!
Funds raised this year are in support our Active Living Programs

To purchase your tickets, drop by the office at 6E-750 Cottonwood Avenue
(Kamloops Christian School Building); we are open Mon – Fri 9:30 am to 4:30 pm

*Check our website at www.peopleinmotion.org regularly
for an update on Silent Auction items.*



PEOPLE IN MOTION BOOSTERS

(Whose donations, grants and contracts have supported our
program & service delivery in this past quarter)

DISABLED PARKING PERMIT AWARENESS & CHARITY CHALLENGE DONATORS AND SUPPORTERS:

Aberdeen Mall
Canada Safeway Stores
Canadian Tire
Cooper's Food Stores
Costco Wholesale
Dairy Queen Brazier
Extra Foods
Inland Restaurants
Kamloops Square Management
London Drugs
MEDChair
Northhills Shopping Centre
Rona Home Centre

Ruckers
Sahali Centre Mall
Save On Foods
Shoppers Drug Mart
Wal-Mart
Wendy's
Zellers

OTHER SUPPORTERS:

CLBC
Husky/Mohawk
Penny Pinchers
Penny Pinchers/Kamloops Storm
Province of BC Gaming



John Woolner

Bus: (250) 376-4131 **Fax:** (250) 376-4136

E-mail: info@mypennypinchers.com

Web Page: www.mypennypinchers.com

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DISABLED PARKING PERMITS

Tips: Do not leave the parking permit on the rearview mirror when vehicle is in motion.

Valid when hung from rear view mirror **ONLY** when parked in designated space.

Use space only when **YOU** are leaving vehicle and returning later.



THE PEOPLE AT PEOPLE IN MOTION

BOARD OF DIRECTORS 2006:

- | | |
|---------------------------|-----------------|
| President | - Robert Davis |
| 1st Vice-President | - Judy Treherne |
| Treasurer | - Doug Bragg |
| Secretary | - Judy Nichols |
| Directors | - Donna Daines |
| | Terry Hairsine |
| | Sarah Lounds |
| | Liz Oakley |
| | Tom Passmore |
| | John Weller |

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Colleen Vanderhorst, Financial Services Clerk
cvanderhorst@peopleinmotion.org

TERM

Jen Hossie, Resource Development Worker (STEP)

CASUAL

Joyce Roberts, Active Living Programs Worker

Alicia Rowden, Active Living Programs Worker

Shannon Trott, Active Living Programs Worker

Paula Wild, Active Living Programs Worker

Norm Foisy, Driver

Bill Luca, Driver

OFFICE HOURS

Mon - Fri: 9:30 am to 4:30 pm
closed on all Statutory holidays.

**This newsletter is produced with support from
Pitney Bowes**