

# WALK *n'* ROLL

## Schedule

Meet every Wednesday at 10:30am | 1.5 Hours

Bring a lunch or snack for after the walk.

Weather permitting - default to TCC\* indoor track should the weather be too cold, icy or too hot.

## August

### 2 RIVERSIDE PARK

Meet at the tennis court parking lot.

### 9 MCARTHUR PARK

Meet at the baseball diamonds.

### 16 WESTSYDERIVER TRAIL

Meet at Westmount Elementary to walk south towards the train bridge.

### 23 RIVERSIDE PARK

Meet at tennis court parking lot.

### 30 MCARTHUR PARK

Meet at the baseball diamonds.

## September

### 6 WESTSYDERIVER TRAIL

Meet at Westmount Elementary to walk south towards the train bridge.

### 13 RIVERSIDE PARK

Meet at tennis court parking lot.

### 20 MCARTHUR PARK

Meet at the baseball diamonds.

### 27 WEST HIGHLAND PARK

Meet at West Highland's Community Center parking lot.



Creating a Better Tomorrow  
for People Living With Disabilities

**\*WE DO ARCH PASSES  
for the TCC**

*Come in for more  
information*

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OF OUR OTHER  
PROGRAMS & ACTIVITIES?**

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